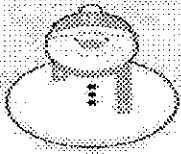
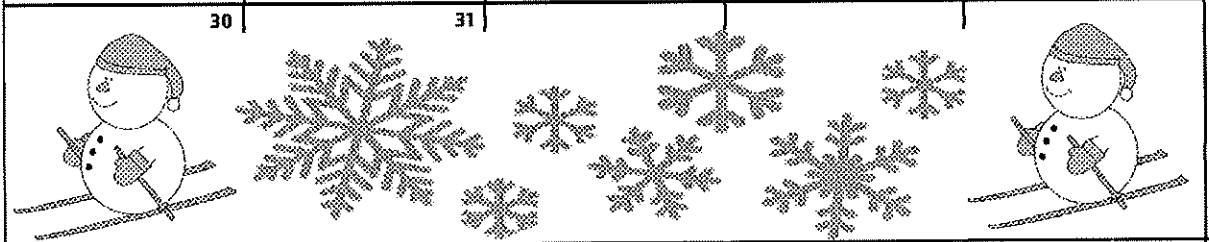


Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<b>2</b> Cheeseburger on a Bun Ham & Cheese Wrap  FEATURED VEGGIES Baked Beans	<b>3</b> Taco Beef with Nacho Chips American Hoagie  FEATURED VEGGIES Green Beans	<b>4</b> French Toast with Sausage & Blueberries Turkey & Cheese Hoagie  FEATURED VEGGIES Baby Carrots	<b>5</b> Mac & Cheese American Hoagie  FEATURED VEGGIES Cherry Tomatoes	<b>6</b> Cheesy Pizza (V) Turkey Club Sandwich  FEATURED VEGGIES Celery Sticks	<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Choice of Vegetable</b> Hot vegetable, along with seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, & fat-free chocolate
<b>9</b> Cheeseburger on a Bun Ham & Cheese Wrap  FEATURED VEGGIES Steamed Broccoli	<b>10</b> Half Day No Lunch	<b>11</b> Half Day No Lunch	<b>12</b> Half Day No Lunch	<b>13</b> Cheesy Pizza (V) Turkey Club Sandwich  FEATURED VEGGIES Celery Sticks	
<b>16</b> Hot Dog Ham & Cheese Wrap  FEATURED VEGGIES Tater Tots	<b>17</b> Cheese Steak American Hoagie  FEATURED VEGGIES Baked Beans	<b>18</b> Maple Waffle with Sausage & Blueberries Turkey & Cheese Hoagie  FEATURED VEGGIES Baby Carrots	<b>19</b> Grilled Ham & Cheese Sandwich Italian Hoagie  FEATURED VEGGIES Green Beans	<b>20</b> 	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>Daily Alternates</b>  Cereal Bag (Cereal, Cheese Stick, Yogurt & Gold Fish)



**WINTER  
BREAK  
NO SCHOOL!**

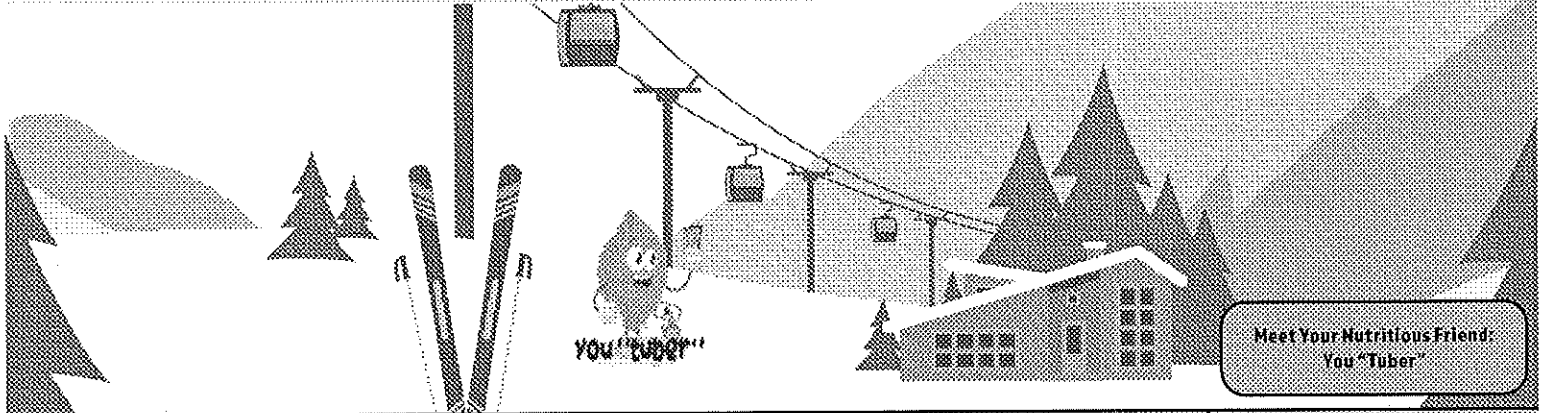


(V) Vegetarian  
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

**Your Team**  
 Anne King, Food Service Director  
 ma1527@metzcorp.com

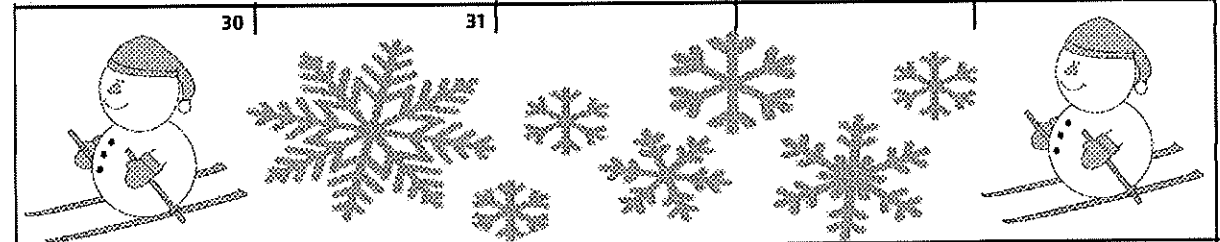


Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Meet Your Nutritious Friend:  
You "Tuber"

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2 Mini Banana or Blueberry Loaf  Assorted Cereals or Poptart with Graham Crackers	3 Chocolate Chip Muffin  Assorted Cereals or Poptart with Graham Crackers	4 Mini Cinni Rolls  Assorted Cereals or Poptart with Graham Crackers	5 Blueberry Muffin  Assorted Cereals or Poptart with Graham Crackers	6 Dutch Waffle  Assorted Cereals or Poptart with Graham Crackers	<p><b>What is a Meal?</b> Students must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereals (served with toast)</b> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Lucky Charms</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white, &amp; fat-free chocolate</p>
9 Glazed Dunkin Sticks  Assorted Cereals or Poptart with Graham Crackers	10 Cinnamon Bagel  Assorted Cereals or Poptart with Graham Crackers	11 Mini Cinni Rolls  Assorted Cereals or Poptart with Graham Crackers	12 Blueberry Muffin  Assorted Cereals or Poptart with Graham Crackers	13 Dutch Waffle  Assorted Cereals or Poptart with Graham Crackers	
16 Mini Banana or Blueberry Loaf  Assorted Cereals or Poptart with Graham Crackers	17 Cinnamon Bagel  Assorted Cereals or Poptart with Graham Crackers	18 Glazed Dunkin Sticks  Assorted Cereals or Poptart with Graham Crackers	19 Strawberry Bagel  Assorted Cereals or Poptart with Graham Crackers	20 Happy Holidays	
23	24	25	26	27	



(V) Vegetarian  
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan  
These items do not contain any animal products

**Your Team**  
Anne King, Food Service Director  
mat527@metzcorp.com



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

**A lunch credit will be issued if the lunch is canceled no later than 8:30 am on the morning of an absence. Please call 856-783-1086 X114 to cancel. Parents are responsible for checking backpacks for credit slips.**

LAUREL SPRINGS SCHOOL  
LUNCH MENU

**December 2<sup>nd</sup> – 6<sup>th</sup>**



MONDAY: #1 Cheeseburger  
#2 Ham & Cheese Wrap  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Baked Beans, Fruit, Milk

TUESDAY: #1 Nachos Grande with Tortilla Chips  
#2 American Hoagie  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Green Beans, Fruit, Milk

WEDNESDAY: #1 French Toast Sticks  
#2 Turkey and Cheese Hoagie  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Carrots, Fruit, Milk

THURSDAY: #1 Mac and Cheese  
#2 American Hoagie  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Cherry Tomatoes, Fruit, Milk

FRIDAY: #1 Pizza  
#2 Turkey Club Sandwich  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Celery Sticks, Fruit, Milk

<b>Please Note:</b>		
<b>1 day</b>	<b>=</b>	<b>\$3.30</b>
<b>2 days</b>	<b>=</b>	<b>\$6.60</b>
<b>3 days</b>	<b>=</b>	<b>\$9.90</b>
<b>4 days</b>	<b>=</b>	<b>\$13.20</b>
<b>5 days</b>	<b>=</b>	<b>\$16.50</b>

**LUNCH ORDER FORM – December 2<sup>nd</sup> – 6<sup>th</sup>**

Lunch will be available daily but must be ordered a week in advance. Please enclose **\$3.30 for each day for Lunch** in an envelope and circle choice for each day.

CHILD'S NAME \_\_\_\_\_ GRADE \_\_\_\_\_

Lunch Total \$ \_\_\_\_\_ Milk Only .60/day \$ \_\_\_\_\_ M T W TH F

Breakfast \$2.00/day \$ \_\_\_\_\_ M T W TH F (circle day)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 2 3

1 2 3

1 2 3

1 2 3

1 2 3

Money and Order Form **due on Friday, November 22nd**. Make checks payable to Laurel Springs School.

**A lunch credit will be issued if the lunch is canceled no later than 8:30 am on the morning of an absence. Please call 856-783-1086 X114 to cancel. Parents are responsible for checking backpacks for credit slips.**

LAUREL SPRINGS SCHOOL  
LUNCH MENU

December 9<sup>th</sup> - 13<sup>th</sup>



MONDAY: #1 Cheeseburger  
#2 Ham & Cheese Wrap  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Broccoli, Fruit, Milk

TUESDAY: #1 Half Day - No Lunch Served  
#2  
#3

WEDNESDAY: #1 Half Day - No Lunch Served  
#2  
#3

THURSDAY: #1 Half Day - No Lunch Served  
#2  
#3

FRIDAY: #1 Pizza  
#2 Turkey Club Sandwich  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Celery Sticks, Fruit, Milk

**Please Note:**

1 day = \$3.30  
2 days = \$6.60  
3 days = \$9.90  
4 days = \$13.20  
5 days = \$16.50

LUNCH ORDER FORM – December 9<sup>th</sup> - 13<sup>th</sup>

Lunch will be available daily but must be ordered a week in advance. Please enclose \$3.30 for each day for Lunch in an envelope and circle choice for each day.

CHILD'S NAME \_\_\_\_\_ GRADE \_\_\_\_\_

Lunch Total \$ \_\_\_\_\_ Milk Only .60/day \$ \_\_\_\_\_ M ~~X~~ ~~X~~ ~~X~~ F

Breakfast \$2.00/day \$ \_\_\_\_\_ M T W TH F (circle day)

MONDAY

1 2 3

~~TUESDAY~~

~~1 2 3~~

~~WEDNESDAY~~

~~1 2 3~~

~~THURSDAY~~

~~1 2 3~~

FRIDAY

1 2 3

Money and Order Form due on Wednesday, December 4<sup>th</sup>. Make checks payable to Laurel Springs School.

**A lunch credit will be issued if the lunch is canceled no later than 8:30 am on the morning of an absence. Please call 856-783-1086 X114 to cancel. Parents are responsible for checking backpacks for credit slips.**

LAUREL SPRINGS SCHOOL  
LUNCH MENU

**December 16<sup>th</sup> – 20<sup>th</sup>**



MONDAY: #1 Hot Dog  
#2 Ham & Cheese Wrap  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Tator Tots, Fruit, Milk

TUESDAY: #1 Cheesesteak  
#2 American Hoagie  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Baked Beans, Fruit, Milk

WEDNESDAY: #1 Maple Waffle with Blueberries/Sausage  
#2 Turkey and Cheese Hoagie  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Baby Carrots, Fruit, Milk

THURSDAY: #1 Grilled Ham and Cheese  
#2 Italian Hoagie  
#3 Cereal, Goldfish, Yogurt, & Cheese  
Sides – Green Beans, Fruit, Milk

FRIDAY: #1 Half Day – No Lunch Served  
#2  
#3

**Please Note:**

1 day = \$3.30  
2 days = \$6.60  
3 days = \$9.90  
4 days = \$13.20  
5 days = \$16.50

**LUNCH ORDER FORM – November 11<sup>th</sup> - 15<sup>th</sup>**

Lunch will be available daily but must be ordered a week in advance. Please enclose \$3.30 for each day for Lunch in an envelope and circle choice for each day.

CHILD'S NAME \_\_\_\_\_ GRADE \_\_\_\_\_

Lunch Total \$ \_\_\_\_\_ Milk Only .60/day \$ \_\_\_\_\_ M T W TH ~~F~~

Breakfast \$2.00/day \$ \_\_\_\_\_ M T W TH F (circle day)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 2 3

1 2 3

1 2 3

1 2 3

~~1 2 3~~

Money and Order Form due on Wednesday, November 6<sup>th</sup>. Make checks payable to Laurel Springs School.